



## Annapurna Region

### Jomsom Muktinath Trek

The Jomsom-Muktinath trek is another popular trekking destination in the Annapurna region. The main trekking route follows the sandy river bank of Kali Gandaki river. The way of life of local people has changed very little during the past centuries although some of them are living in appropriate concrete houses. You will enjoy the variety of the sceneries in this area like the famous hot springs, Marpha, the tidy, stone-clad village surrounded by apple and apricot orchards or the monkeys living in the forests around Tukucho, the former Thakali trading center are worth visiting. Beyond Tukucho you will enter the dry area in the Himalayan rain shadow without any vegetation. The soil is drying out under the influence of a strong wind coming from the south. The rock formations in this region, which is a part of the Tibetan Plateau, are providing fascinating views.

On route you will see Dhaulagiri with its famous icefalls, Nilgiri, Annapurna I in the Annapurna range, as well as Manaslu and the so called Fishtail Mountain (Machhapuchhre).

**Best season for trekking:** October to November and March/April

**Duration:** 12 days  
**Starting from:** Kathmandu  
**Ending at:** Pokhara  
**Grade:** moderate  
**Mode of trekking:** Teahouse or camping  
**Elevation:** Maximum 3800m

#### ITINERARY:

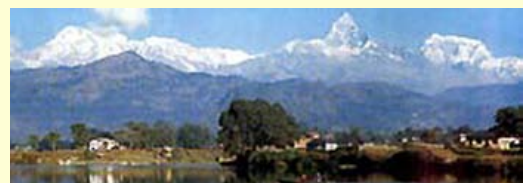
Day 1 Kathmandu to Pokhara (by bus)  
Day 2 Tirkhedhunga  
Day 3 Ghorepani  
Day 4 Tatopani  
Day 5 Kalapani  
Day 6 Tukucho  
Day 7 Jomsom  
Day 8 Kagbeni  
Day 9 Muktinath  
Day 10 Jomsom  
Day 11 Pokhara (flight Jomsom to Pokhara)  
Day 12 Kathmandu (by bus)

#### Services will be as given in below:

- Experienced guide
- Porters as required
- All needed camping equipments
- Trekking permit
- Food (Breakfast, launch, dinner)
- Boiled water every morning for shower.
- Hot drinks as coffee, tea, and so on
- Kitchen staffs along with experienced cook.
- Transportation to and from starting and ending point of trek.

#### Price will not include:

- Personal Expenses
- Hard drinks as whisky rum and so on.
- Rescue charges
- Domestic flights
- Emergency expenses (if needed)





**Service is provided by**

**KARAO Trek**

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